**POS 4931.003: Community Activism in Practice**

*All students in face-to-face classes are required to wear masks during class, and students must sanitize their own workstations upon entering the classroom. Taking these measures supports the safety and protection of the FAU community. Students who do not adhere to these rules will be asked to leave the classroom and/or be removed from the course. Students experiencing flu-like symptoms (fever, cough, shortness of breath), or students who have come in contact with an infected person should immediately contact FAU Student Health Services (561-297-3512).*

*COVID-19 Statement*

Spring 2021, 3 Credit Hours

Variable Saturdays 10:00 am-3:00pm (unless otherwise indicated)

Meetings occur virtually via zoom

Professor: Dr. Angela D. Nichols

Office Hours: By appointment via email, telephone, or Zoom

Email: nicholsa@fau.edu

Additional Fellowship contact info:

Program Director

Karen Leader, Ph.D. kleader@fau.edu

Curriculum Coordinator

Angela D. Nichols, Ph.D. nicholsa@fau.edu

Program Assistant

Ji Young Bae baej@fau.edu

Peaceful Mind Peaceful Life (PMPL)

Barb Schmidt barb@peacefulmindpeacefullife.org

Michelle Maros michelle@peacefulmindpeacefullife.org

Lauren Shawcross lauren@peacefulmindpeacefullife.org

**COURSE DESCRIPTION**

“Community Activism in Practice” serves as the second semester of a two semester sequence associated with the [Barb Schmidt Fellowship: Cultivating Communty Involvement, Advocacy, and Social Change](https://www.fau.edu/artsandletters/college-initiatives/barb-schmidt-fellowship/).

The Barb Schmidt Fellowship aims to provide student leaders with a platform to develop the skills and knowledge needed to initiate, execute, and sustain a community-based project. The Barb Schmidt Fellowship gives students hands-on experience through peer mentorship and workshops led by community leaders and activists, social influencers, and FAU faculty. Similarly to the fall semester of the fellowship, students will continue to learn key professional and technical skills that are essential for driving social change. Students will work in their groups on their specific projects throughout the semester during both formal, specified times, and informal or outside of the fellowship. These projects will be presented at the end of the fellowship, as well as launched as a real intervention related to the project’s goals. Successful completion of each semester’s coursework earns fellows 3 university credits (6 credits total).

Over the entire academic year, fellows will explore the dynamics of creating, developing, and sustaining social movements through peer-to-peer and student-to-faculty interactive workshops designed to be a platform for student-driven activism and engagement. Grounding this experience will be the introduction to and the practice of mindfulness techniques to ensure the self-care and sustainability required for successful social movement work. Led by internationally recognized author and mindfulness teacher Barb Schmidt, this element of the fellowship will provide students a practical demonstration of her maxim that “outer peace begins through inner peace.”

**Learning Objectives**

By the end of the semester students should accomplish the following:

* Attend and fully participate in fellowship workshops so as to hone skills relevant to organizing and activism.
* Identify role or roles within group that utilizes individual strengths. Be able to discuss individual contributions to group: What you’ve done well? What you could have done better?
* Reflect on experiences in 2 well-thought-out and edited critical reflection papers that fully answer the prompt questions.
* Individual fellows will develop their skills as verbal communicators of their mission and actions, culminating in final presentations.
* Continue to develop an individual mindfulness practice.

By the end of the semester Groups should accomplish the following:

* Groups will identify local organizaitons that share a similar focus or issue area and assess their strengths and weaknesses. To this end, groups will interview at least two people each from a different organization regarding their issue.
* Group will develop a communication strategy for raising awareness for their issue. This may include social media, website, distribution material, op-eds, press releases, speeches, art projects, and/or letters.
* Groups will create an ideal budget, create a plan for fundraising, and write a mini-grant proposal.
* Groups will write a project report and plan of implementation at the end of the semester, as well as a reflection paper and group evaluation.
* Groups will present and launch their projects in a public forum on April 25th.

**FELLOWSHIP MEETING DATES**

Meetings will be held on the following days in the Spring 2020 semester:

**January 9, January 23, January 30, February 13, February 27, March 6, April 3, April 10, and a closing event on April 24**.

**INSTRUCTIONAL METHOD**

This is a fully online course accessible only through FAU’s learning management system, Canvas. You must log into Canvas with your FAU ID and Password to access the materials and assignments in this course. If you do not know your FAU ID or Password, [contact OIT for help](http://www.fau.edu/oit/accounts/index.php).

We will meet online using Zoom during our scheduled meetings until we can safely meet in person. You will receive information, links, and notifications through Canvas and your FAU email. Please have the necessary equipment to participate in this course (and let us know ASAP if you do not):

* Dependable computer
* Computer speakers
* Headset with microphone
* Webcam
* Recommended: Broadband Internet connection with a speed of 4 Mbps or higher.
* To function properly, Canvas requires a high-speed Internet connection (cable modem, DSL, satellite broadband, T1, etc.). The minimum Internet connection speed to access Canvas is a consistent 1.5 Mbps (megabits per second) or higher.
* [Check your Internet speed here.](http://www.speedtest.net/)

**Technical Support**

In the online environment, technical issues are always possible (e.g., lost connection, hardware or software failure). Many of these can be resolved relatively quickly, but if you wait until the last minute before due dates, the chances of these glitches affecting your success are greatly increased. Please plan appropriately. If a problem occurs, it is essential you take immediate action to document the issue so your instructor can verify and take appropriate action to resolve the problem. Most issues in Canvas can be resolved by clicking on the “Help” tab located on the menu bar.

When a problem occurs, click “Help” to:

* Report a Problem
* Live Chat with Canvas Support
* Search Canvas Guides

**Additional Technical Support**

1. Contact the eLearning Success Advisor for assistance: (561) 297-3590
2. If you can, make a Print Screen of the monitor when the problem occurs. Save the Print Screen as a .jpg file. If you are unfamiliar with creating a Print Screen file, see [Print Screen instructions.](http://www.wikihow.com/Take-a-Screenshot-in-Microsoft-Windows)
3. Complete a [Help Desk ticket](https://helpdesk.fau.edu/TDClient/Home/). Make sure you complete the form entirely and give a full description of your problem so the Help Desk staff will have the pertinent information in order to assist you properly. This includes:
	1. Select “Canvas (Student)” for the Ticket Type.
	2. Input the Course ID.
	3. In the Summary/Additional Details section, include your operating system, Internet browser, and Internet service provider (ISP).
	4. Attach the Print Screen file, if available.
4. Send a message within Canvas to your instructor to notify him/her of the problem. Include all pertinent information of the incident (2b-d above).
5. If you do not have access to Canvas, send an email to your instructor with all pertinent information of the incident (2b-d above).
6. If you do not have access to a computer, call your instructor with all pertinent information of the incident. If he/she is not available, make sure you leave a detailed message.
7. If you do not hear back from the Help Desk or your instructor within a timely manner (48 hours), it is your responsibility to follow up with the appropriate person until you obtain a resolution.

|  |
| --- |
|  |

**PREREQUISITES**

Acceptance into the Barb Schmidt Fellowship. Fellows must be dual enrolled high school students in Broward or Palm Beach counties.

**EVALUATION**

The following are required for completion of the fellowship:

1. *Active Participation*. Successful participation includes but is not limited to: attendance, timeliness in arrival, demonstration of preparedness for session activities, demonstration of completion and comprehension of assigned readings, and regular and active contribution to group discussion. To this end, we ask that you turn your camera on during fellowship meetings. We also ask that you engage in the activities with a comment, suggestion, reflection, or other contribution each session. You will also be required to complete a participation self-assessment. You must download the self-assessment and keep track of it throughout the semester. Fill it in after each session. It is due after the last regular session of the semester on April 10th. During the spring semester active participation also includes doing your fair share of work in your group, as well as a group evaluation. *Active participation is worth 20% of your grade*.
2. *Local Organization Inventory*. Identifying, contacting, and interviewing at least two people from two different organizations is an important aspect of this experience. Building relationships with others is an important skill for activist work. To that end, you will complete an inventory of at least two local organizations, as well as an analysis of the organizations’ strengths and weaknesses. This assignment was introduced during the fall semester and is due at our first fellowship meeting of the spring, Jan 9. *This component is worth 10% of your grade.*
3. *Communication Strategy*. Groups are required to develop a specific communication strategy for their organization. At least 3 of the following must be completed in conjunction with this aspect of the fellowship: social media platform, website, distribution material, op-eds, press releases, speeches, art projects, and/or letters. Groups are encouraged to implement as many of these strategies as possible. This is due April 4th. *This component is worth 10% of your grade.*
4. *Budget and Fundraising Strategy.* Groups will create an itemized budget for organization operations in spreadsheet format. Further, groups should develop a fundraising strategy to raise the funds necessary for the budget. This is due April 4th via Canvas. *This component is worth 20% of your grade.*
5. *Mini Grant Proposal.* Groups will write a mini-grant proposal formatted according to the funding opportunity identified. More information regarding this assignment will be distributed in January. This is due April 10th via Canvas*. This component is worth 10% of your grade.*
6. *Project Report.* Groups will write a project report that evaluates the need in the community for the organization created, suggests an implementation strategy for addressing the need, and evaluates the group’s ability to meet this need. More information regarding this assignment will be provided in February. This is due April 20 via Canvas. *This component is worth 10% of your grade.*
7. *Public Presentation.* Groups will present a summary of their projects and proposed implementations on April 24th in a public forum (likely zoom, but in person if possible). These should be tailored to the issue and approach of each group, but at a minimum it should summarize the components listed above. Groups will have an opportunity to practice these presentations on April 10th during the fellowship. Revised presentations should be uploaded to canvas by April 20th. *This component is worth 10% of your grade.*
8. *Group Evaluation.* You must also complete a group evaluation at the end of the semester. More details will be provided in April.
9. *Reaction Paper.* You are also asked to provide one reaction papers during this semester. This is due April 30 after we have completed all components of the fellowship. This reflection is expected to be more focused and critical than your reaction papers from the fall. Please make sure to spend some time thinking about the prompt, as well as to proofread and edit your papers before turning them in via Canvas. Papers should be 800 to 1,200 words, organized, and titled. Make sure to use specific examples when possible. Lastly, don’t simply summarize the fellowship’s activities; make sure to provide analysis. *This component is worth 10% of your grade.*

\*Please note: Although I am the assigned instructor for the course and the ultimate decision on assigned grades for this term is my responsibility, the Fellowship has been treated as designed by a cohort (including FAU faculty, members of Peaceful Life Peaceful Mind, and our practitioner partners). Understand, in advance, that their observations and assessments of your participation in and contribution to the course will weigh heavily in my overall assessment of your grades.

**COURSE POLICIES**

**Required Texts**

The Fellowship is committed to providing a unique praxis-oriented approach to learning structured around peer-collaboration and the exchange of success strategies with the purpose of enriching activist skills. While the Fellowship aims to provide hands-on experiential learning and engagment with activist practitioners, those activities are also guided by critical reflection on the history and theory of social movement practice.

For each daily session Fellows will likely be asked to consider a modest set of readings. A significant share of the participation component of the Fellows’ grade will be derived from assessing student preparedness and comprehension of these assigned readings. Readings will be given to you either in hard copy or electronic form hosted on the Canvas site.

**Participation and Attendance**

**Attendance**

In our 8 meetings together, we have a lot of information to cover this semester. It is very important that you are on time and at the fellowship ready to go for those meetings. If you must miss a scheduled fellowship meeting, please make sure to email me ahead of time to communicate the absence. Make sure you also touch base with me following the missed workshop. This means attending office hours or scheduling a phone call, not simply sending an email asking what you’ve missed. Fellows are permitted one absence per semester of the fellowship. Anything more will negatively impact your participation grade, as well as make it difficult for you to participate fully. While we understand that life happens, we ask that you make every effort to attend all meetings. Exceptions are afforded at the discretion of the professor on a case-by-case basis.

**Communication**

It is paramount that we have open and active lines of communication during the fellowship. To that end, fellows are expected to use and check their FAU email, as well as Canvas regularly. Important information about meetings, assignments, readings, and more will be communicated via email and Canvas.

**Canceled Class**

Due to the number of faculty involved in this course/Fellowship it is extraordinarily unlikely that class would be canceled. If, however, class is canceled every effort will be taken to notify you as far in advance of the session as possible. Should a session be canceled you will be informed of how the following sessions and assignments may be adjusted in light of the cancellation. It is the responsibility of course participants to stay apprised of these possible changes.

**Written Work**

All written work must be typed or word-processed and submitted via Canvas.

**Late Work**

Deadlines must be honored. They are established to help you progress through the fellowship effectively. Late work or any work turned in after the deadline will receive a letter grade and a half deduction in points. Further, work must be submitted within two weeks of the deadline to receive any credit.

**Plagiarism**

Any student found to have turned in material not their own (either downloaded from the internet or written by another student) will immediately be reported to the Dean of Students. The Internet has made plagiarism very easy and very tempting. Hundreds of sites offer papers, research, writing, and editing. The ease with which such material is available over the internet does not lessen the seriousness of claiming material from the Internet as your own. Your paper would be considered as plagiarized in part or entirely if you do any of the following:

\* Submit a paper that was written by someone other than you.

\* Submit a paper you have already submitted for a different class.

\* Submit a paper in which you use the ideas, metaphors or reasoning style of another, but do not cite that source and/or place that source in your list of references. Simply rewording a sentence does not make work your own.

\* Submit a paper in which you “cut and paste” or use the exact words of a source and you do not put the words within quotation marks, use footnotes or in-text citations, and place the source in your list of references.

**Counseling and Psychological Services (CAPS) Center**

*Life as a university student can be challenging physically, mentally and emotionally. Students who find stress negatively affecting their ability to achieve academic or personal goals may wish to consider utilizing FAU’s Counseling and Psychological Services (CAPS) Center. CAPS provides FAU students a range of services – individual counseling, support meetings, and psychiatric services, to name a few – offered to help improve and maintain emotional well-being. For more information, go to* *http://www.fau.edu/counseling/*

**Disability Policy**

*In compliance with the Americans with Disabilities Act Amendments Act (ADAAA), students who require reasonable accommodations due to a disability to properly execute coursework must register with Student Accessibility Services (SAS) and follow all SAS procedures. SAS has offices across three of FAU’s campuses – Boca Raton, Davie and Jupiter – however disability services are available for students on all campuses. For more information, please visit the SAS website at* *www.fau.edu/sas/**.*

**Code of Academic Integrity**

*Students at Florida Atlantic University are expected to maintain the highest ethical standards. Academic dishonesty is considered a serious breach of these ethical standards, because it interferes with the university mission to provide a high-quality education in which no student enjoys an unfair advantage over any other. Academic dishonesty is also destructive of the university community, which is grounded in a system of mutual trust and places high value on personal integrity and individual responsibility. Harsh penalties are associated with academic dishonesty. For more information, see* *University Regulation 4.001**.*

**Schedule**

*Specific session information will be emailed to you via Canvas 3-5 days prior to our scheduled meeting. Please check Canvas and your FAU email regularly to stay up to date on assignments and readings.*

**January 9**

**10:00-12:00    Improv U (Anthony Francis), Process not product: Discovering yourself through improv**

**12:00-12:30    Break**

**12:30-1:15    Group check-in, with Peer Mentors**

**1:15-2:45    Tara Laxer: Legislative strategies, policy goals, civil discourse (Confirmed)**

**2:45-3:30    Mindfulness**

**Reading:**

<https://blogs.proquest.com/general/educators-consider-the-benefits-of-improv/>

**Zoom:**

Until further notice, all meetings will take place via zoom. Below is the information necessary to join the meetings.

Topic: Barb Schmidt Fellowship

Time: Jan 9, 2021 10:00 AM Eastern Time (US and Canada)

        Every week on Sat, until Apr 24, 2021, 16 occurrence(s)

        Jan 9, 2021 10:00 AM

        Jan 23, 2021 10:00 AM

        Jan 30, 2021 10:00 AM

        Feb 13, 2021 10:00 AM

        Feb 27, 2021 10:00 AM

        Mar 6, 2021 10:00 AM

        Apr 3, 2021 10:00 AM

        Apr 10, 2021 10:00 AM

        Apr 24, 2021 10:00 AM

Join Zoom Meeting

<https://fau-edu.zoom.us/j/85245361414?pwd=U0Z6bFRSRXpaT2Z5Tk91Z05oRzZLZz09>

Meeting ID: 852 4536 1414

Passcode: rj9iQE

One tap mobile

+19292056099,,85245361414#,,,,,,0#,,276728# US (New York)

+13017158592,,85245361414#,,,,,,0#,,276728# US (Washington D.C)

Dial by your location

        +1 929 205 6099 US (New York)

        +1 301 715 8592 US (Washington D.C)

        +1 312 626 6799 US (Chicago)

        +1 669 900 6833 US (San Jose)

        +1 253 215 8782 US (Tacoma)

        +1 346 248 7799 US (Houston)

Meeting ID: 852 4536 1414

Passcode: 276728

Find your local number: <https://fau-edu.zoom.us/u/kdavIinapo>

Join by SIP

85245361414@zoomcrc.com

Join by H.323

162.255.37.11 (US West)

162.255.36.11 (US East)

115.114.131.7 (India Mumbai)

115.114.115.7 (India Hyderabad)

213.19.144.110 (Amsterdam Netherlands)

213.244.140.110 (Germany)

103.122.166.55 (Australia)

149.137.40.110 (Singapore)

64.211.144.160 (Brazil)

69.174.57.160 (Canada)

207.226.132.110 (Japan)

Meeting ID: 852 4536 1414

VC Appliance (ONLY) Passcode: 276728